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COMPRESSIVE BANDAGING IN THE THERAPY OF *ULCUS CRURIS* – A CASE REPORT

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ABSTRACT

Crural ulcer is an ulceration located on the skin of the lower extremities. In most cases, it is a result of chronic vein blood flow insufficiency. Risk factors for developing ulceration are: varicosity, thrombosis of deep veins, obesity and reduced physical activity. The main goal of this paper is to point out the benefits of compressive bandaging in epithelialization of ulcer. Patient, 68 years old, professional construction worker, goes to the GP of his choosing due to pain in the area of his left leg wrist. After the examination, GP concludes that the patient had been suffering the ulceration for approximately past 3 months. Additional anamnesis: increased blood pressure, high cholesterol and triglycerides values, the patient has been smoking for the past 30 years. After consultative examinations done by a vascular surgeon, compressive bandaging was done on the patient for 12 weeks. On the following examination after the therapy, it was found that the ulcer was completely epithelialized. Furthermore, the GP suggested wearing compressive socks for two more years to prevent the formation of new ulceration. Appropriate compressive therapy in patients with crural ulcer has multiple benefits: significant reduction of healing time, fast pain relief, reduction of healing costs and less necessary visits to the doctor.

Key words: *leg ulcer; compression bandages; venous insufficiency*

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